

[date of event]

GET READY

To Become a Better Health Consumer

You are invited to participate in an interactive workshop:

How Informed Are You?

Becoming an Active Participant in Your Medical Care

This workshop is sponsored by [department] and will be held:

Date:

Time:

Location:



Come and learn how to:

- Select a doctor who is right for you
- Communicate effectively with your doctor
- Examine approaches for medication adherence
- Make informed decisions when faced with a major health problem

For more information, contact: [name, location, phone/extension, e-mail]