

ValueEngine™ Practice Section 7:

Risk Identification and Intervention

Below are common continuum practices that address risk identification and intervention within value-based health management. Compared to the best-practice goals stated below, rate each continuum practice as either below, meets, exceeds, or not implemented.

Best-Practice Goals

- Educate eligible population(s) about the association of lifestyle-related risks and chronic health problems.
- Identify sub-populations that are indicative of “at risk” health practices and/or measures.
- Provide targeted information and support services to at-risk populations.
- Reduce the migration of at-risk populations to a higher risk status.

Continuum Practices

1. Our organization provides ongoing education and awareness campaigns regarding the association between modifiable lifestyle-related risks and chronic health conditions.
2. Through our health risk assessment and biometric screening programs, we are able to identify, stratify, and target at-risk individuals for appropriate follow-up.
3. Through health-related communications, our organization periodically provides self-assessments that target common health conditions such as alcoholism, coronary artery disease, cancer, diabetes, headache/migraine, and depression.
4. Our organization provides comprehensive risk interventions that are designed to address individual learning style, readiness to change, and accessibility to a qualified coach. **Check all that apply:**
 - Alcohol
 - Blood pressure management
 - Cholesterol management
 - Drugs
 - Emotional health
 - Exercise/physical activity
 - Metabolic syndrome
 - Obesity/weight management
 - Tobacco cessation
 - Other(s)
5. Based on the examples below, our organization provides a tiered incentive program that rewards both participation in sponsored programs and accomplishment of contracted goals and targets. **Check all that apply:**
 - Additional life insurance
 - Cash
 - Health premium reductions
 - HRA* contributions
 - HSA† contributions
 - Merchandise
 - Personal leave days
 - Trips
 - Other(s)
6. Our organization provides a comprehensive employee assistance program.
7. As required, our organization provides comprehensive occupational safety programs (e.g., toxic exposure/hazard education, medical surveillance).
8. Our organization conducts periodic ergonomic audits with appropriate follow-up.

*Health reimbursement account

†Health savings account

	Not Implemented	Below	Meets	Exceeds
1.	0	5	10	15
2.	0	5	10	15
3.	0	5	10	15
4.	0	5	10	15
5.	0	5	10	15
6.	0	5	10	15
7.	0	5	10	15
8.	0	5	10	15

Calculating Your Practice Section Score

1. Total the scores in each respective column. Record on these lines.
2. Total all column scores. This is your *gross score*. Divide the gross score by 120.
3. Multiply your answer by 100. This is your *adjusted Practice Score*.
4. Place your Practice Score in this box.

Also record this score on the ValueEngine™ *Benchmarking Summary Worksheet*.

_____ /120= _____

_____ x100= _____