ValueEngine™ Practice Section 9: Medical Management

Below are common continuum practices that address medical management within value-based health management. Compared to the best-practice goals stated below, rate each continuum practice as either below, meets, exceeds, or not implemented.

Best Practice Goals

- Provide patients with the most appropriate care.
- Provide evidence-based disease management programs and clinical services that strive to realize the greatest total value for clinical outcomes, quality of life, reduced medical costs, and improved productivity.
- Reduce cost and access barriers to evidence-based interventions.
- Improve patient self-management skills for better adherence to recommended treatment guidelines.
- Reduce the direct and indirect costs associated with prevalent chronic health conditions.

Continuum Practices

	Not Implemented	Below	Meets	Exceeds
1. Our organization evaluates the quality of services delivered by our contracted health plans and providers.	0	5	10	15
2. We hold our health plans accountable for providing evidence-based interventions based on nationally recognized practice standards.	0	5	10	15
3. In collaboration with our health plans and/or other third-party vendors, we are able to identify employees/dependents who would benefit from disease management programs.	0	5	10	15
4. Based on the conditions listed below, our organization provides disease-management/education programs to our eligible population. **Check all that apply:**	0	5	10	15

❒ Alcohol/Drugs ❒ Anxiety ❒ Arthritis ❒ Asthma ❒ Back pain ❒ Cancer ❒ Congestive heart failure ❒ COPD* ❒ Coronary artery disease ❒ Depression ❒ Diabetes ❒ High-risk pregnancy ❒ HIV/AIDS ❒ Hypertension ❒ Migraine ❒ Osteoporosis ❒ Other(s)

5. Through our organization's employee assistance and/or behavioral health programs, we provide clinical support services for alcohol/substance abuse and mental health issues.	0	5	10	15
6. Our organization provides disability management programs focused on return-to-work goals.	0	5	10	15
7. Based on the conditions listed below, our organization evaluates medication adherence rates (e.g., medication possession ratio) regularly within our pharmacy benefit plan for leading chronic health conditions.	0	5	10	15

Check all that apply:

❒ Asthma ❒ Cancer ❒ Congestive heart failure ❒ COPD* ❒ Coronary artery disease ❒ Depression ❒ Diabetes ❒ HIV/AIDS ❒ Hypertension ❒ Migraine ❒ Other(s)

*Chronic obstructive pulmonary disease

Calculating Your Practice Section Score

1. Total the scores in each respective column. Record on these lines. _____ _____ _____ _____
2. Total all column scores. This is your *gross score.* Divide the gross score by 105. _____ /105= _____
3. Multiply your answer by 100. This is your adjusted *Practice Score*. _____ x100= _____
4. Place your Practice Score in this box. ☐

Also record this score on the ValueEngine™ *Benchmarking Summary Worksheet.*

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